

## DON'T MISS THE FUN!

Sponsored by:



Taekwondo encourages self-esteem, concentration, flexibility, strength, and confidence.

Grades K - 3

Every Friday, beginning February 22

(Four weeks - 2/22, 3/1, 3/8, 3/15)

3:30pm to 4:15pm

Fee: \$20

Limited to first 20 to enroll.

Wear comfortable clothing & tennis shoes

Student Name	Grade
give my child permission to participate in Taekwondo at All Saints Catholic School.	
Parent Name	-
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